

# Were you affected by the disaster?

We provide . . .

- Information
- Education
- Emotional support
- Links to resources

Are you interested in talking with someone?

Attend a short presentation on. . .

- Recognizing common reactions to disasters
- Building coping skills for the recovery process
- Managing disaster-related stress
- Identifying and meeting children's needs

We are . . .

- Confidential
- Anonymous
- Free

We will come to your. . .

- Home
- School
- Meetings
- Workplace
- Place of worship
- Club
- Events



**Contact Us!**

**833-309-5568**

**We are here for YOU.**